

ABSTRACT OF THE DISCLOSURE

A recording method of the present invention includes a first process for recording audio data consecutively in a first recording area of a recording medium and a second process for recording audio data, which have a file format having the same file contents as audio data recorded in said first recording area, in a second recording area of said recording medium, can process audio data having a consecutive recording format and audio data having a file format, and thus makes it possible to use conveniently.